

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	EYFS Skills	EYFS Skills	EYFS Skills	EYFS Skills	EYFS Skills	EYFS Skills
Year 1	Games- Unit 1 Ball Skills (FOCUS ON FOOTBALL)  Games- Unit 2 Throwing and Catching (Use games from plans)	Gymnastics- Unit D Flight, bouncing, jumping, landing.  Games- Unit 3 Bat and Ball Skills (Use games from plans)	Games- Unit 4 Partner Work (Use games from plans)  Dance- Unit 1 and 2	Gymnastics Unit E Points and Patches  Games- Unit 1 Ball Skills (FOCUS ON TAG RUGBY)	Games- Unit 2 Throwing and Catching (FOCUS ON ROUNDERS)  Dance- Unit 3 AND 4	Athletics *Running *Throwing * Jumping *Relays *Obstacle Racing *Racing with objects (e.g. Bat and ball races)
Year 2	Games- Unit 1 Throwing and Catching- Inventing Games  Games- Unit 2 Making up a Game	Gymnastics- Unit H Parts High and Parts Low  Games- Unit 3 Dribbling, kicking and Hitting	Games- Unit 4 Group Games and Inventing Rules  Dance- Unit 1 and 2	Gymnastics Unit I Pathways, Straights, Zig-zags and Curving  Games- Unit 1 Throwing and Catching- Inventing Games.	Games- Unit 2 Making up a Game  Dance- Unit 3 and 4	Athletics *Running *Throwing * Jumping *Relays *Obstacle Racing *Racing with objects (e.g. Bat and ball races)
Year 3	Swimming (BM)  Games- Unit 1-Ball Skills, linked to football	Swimming (BM)  Games- Unit 3 Net' Court, Wall Games linked to Hockey	Swimming (BM)  Gymnastics Unit L, M and N	Swimming (CA)  Games- Unit 3 Net' Court, Wall Games linked to basketball and netball  Dance-Unit 1	Swimming (CA)  Games- Unit 4-striking and fielding, linked to cricket and rounders.	Swimming (CA)  Athletics- Unit 1 and Unit 2
Year 4	Games Unit 1-Net Court, Wall Games linked to Football  Games Unit 1 Net Court, Wall Games linked to hockey	Games Unit 3 invasion games linked to rugby  Gymnastics- Unit P and Unit Q Balance leading onto change of front.	Games Unit 1 Net Court, Wall Games linked to basketball  Dance-Unit 1 and 2	Games Unit 2: Problem solving games and orienteering/cross country  Box 2B Fit-Fitness Circuits linked to Boxing	Games Unit 1- linked to tennis  Games- Unit 4 Striking and Fielding. Link to rounders.	Athletics- Unit 1 and Unit 2  Games- Unit 4 Striking and Fielding. Link to cricket.
Year 5	Games-Year 5 Unit 1 (LINK TO FOOTBALL)  Games Year 5 Unit 3- Invasion Games (Linked to rugby)	Gymnastics- Unit T and Unit U  Games Year 5 Unit 2- Invasion and Target Games (Ball handling games) (Link to basketball)	Gymnastics Unit V and W  Box 2B Fit-Fitness Circuits linked to Boxing	Cross country and orienteering.  Games- Year 5 Unit 1- (LINK TO HOCKEY)	Games-Year 5 Unit 4 Striking and Fielding (Link to Rounders and Cricket)	Games Year 6 Unit 2- Net Court and Wall Games (LINK TO TENNIS)  Athletics-Year 5 and 6 Task Cards.
Year 6	Games (Football)  Games (Rugby)	Gymnastics  Basketball	Dance  Cross country	Box 2B Fit  Hockey	Rounders  Tennis	Athletics  Cricket

